

How To Build A Capsule Wardrobe FAQ's

What is a good starting point for the essential pieces in a capsule wardrobe?

A great fitting pair of jeans, a neutral trouser, classic t-shirt, a few quality tank tops for layering, 1-2 neutral button up shirts, and either a black dress/ black jacket or blazer for guys.



Do I have to get rid of pieces that don't fit/pieces i'm not wearing right now?

No way! I'm not here to tell you to throw everything out. It's more important that you make plenty of space for the things that do fit well that you actually wear. However if you do decide to hold onto pieces you're not wearing, I'd challenge yourself as to why.

Where are places to shop quality pieces on a budget?

ThredUp, H&M Sustainability (sustainability offers natural fabrics) and Uniqlo.



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How many pieces should I have in my capsule?

Roughly 35 or so. More or less depending on your lifestyle. But the idea is fewer versatile pieces that mix and match to create many outfit pairings.

How can I build out my outfits like the ones shown in the presentation?

There are apps like Cladwell and Stylebook that allow you to import images of your clothing pieces to make outfits. A simpler route is to create a folder in your phone and store outfits there. I would not try and create every possible combination all at once. Start by taking a photo in outfits that you really liked. Then maybe adding in a few options for class, work, or weekend activities.

How can I personalize my outfits if I only own basics?

A great way to mix things up when wearing a basic t-shirt and jeans is to add a little personality with styling. Try rolling your sleeves, cuffing your jeans, or belting your jeans with a front tuck .



How can I add flair to my capsule on a budget?

Style doesn't have to break the bank. Smart investments like a silk scarf, matching accessories like a black bag, watch, and shoes, or even a little nail polish goes a long way.



What are some additional resources to learn more about building my capsule wardrobe?

There are so many but you can start with the book *The Curated Closet: 1000 outfits from 30 Pieces*. For a more entertaining approach, check out capsule wardrobe videos on Youtube where you can find people challenging themselves to just 30 pieces for 30 days. For your own capsule inspiration, search *words that best describe your style* capsule wardrobe on Pinterest. Ex: Minimalist Boho Capsule Wardrobe
